

HERTU CPR/Emergency First Responder Course Syllabus **Intersession 2008**

| Date | Subjects |
|--------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| Mon, 1/7 | 1 - Introduction, The Emergency Response Scene, Legal and Ethical Issues, Human Body Systems, Preventing Disease Transmission |
| Tues, 1/8 | 2 - Adult Breathing and Cardiac Emergencies |
| Wed, 1/9 | 3 - Child Breathing and Cardiac Emergencies |
| Thu, 1/10 | 4 - Infant Breathing and Cardiac Emergencies |
| Fri, 1/11 | 5 - Breathing Devices, AED, Oxygen + CPR Review |
| Sat-Sun, 1/12, 1/13 | CPR/AED/Oxygen EXAMINATION |
| Mon, 1/14 | 6 - Assessing the Patient, Vitals, Physical Examination |
| Tues, 1/15 | 7 - Bleeding and Shock, Soft Tissue Injuries and Bandaging |
| Wed, 1/16 | 8 - Musculoskeletal Injuries – Splinting and Immobilization |
| Thurs, 1/17 | 9 - Injuries to the Head/Neck/Back/Spine, Injuries to the Chest/Abdomen/Pelvis |
| Fri-Sat, 1/18-1/19 | Trauma Midterm EXAMINATION |
| Sun, 1/20 | 10 - Sudden Illness |
| Mon, 1/21 | 11 - Heat & Cold Emergencies, Poisoning, Substance Misuse and Abuse, Anaphylaxis |
| Tues, 1/22 | 12 - Behavioral Emergencies, Special Population, Childbirth |
| Wed, 1/23 | 13 - Lifting And Moving, EMS Operations, MCI (Mass Casualty Incidents) |
| Thu-Fri, 1/24-1/25 | Final Review |
| Sat-Sun 1/26, 1/27 | EFR FINAL EXAMINATION |

The 2008 Intersession CPR-PR and Emergency First Response (EFR) class is taught by American Red Cross instructors and teaching assistants who are JHU students. Classes meet in Bloomberg 176 on Monday through Friday 7-10 pm and on Saturday and Sunday afternoons 2-5 pm. Attendance is mandatory because the class is highly skills-based. If you miss more than 2 classes (including review sessions), you may not take the final exam.

The first part of the course (CPR) costs \$40. If you pass the CPR test, you will be able to continue with the next portion of the course (EFR), where you learn how to treat trauma and medical emergencies. The cost of this part is \$40. These costs cover our equipment, and your certification cards.

If you pass the CPR test and then the EFR test, you will be eligible to take a third additional "challenge" test to join the Hopkins Emergency Response Unit (HERU) and running a shift to respond to medical emergencies on the JHU campus. This course is NOT for Hopkins credit and it is NOT for EMT-B certification.

- For payment, cash and checks (made out to "HERO") are accepted. You need to pay \$40 to reserve your place in the course. Payment will be collected at Nolan's Dining Hall in Charles Commons from 9-10pm on Saturday, December 8th. If you won't be able to make it at this time, please email me at ic.hertu@gmail.com to make arrangements.
- If you pass the CPR test, then payment for the emergency response part of the course will be collected during the first week of the EFR portion of the class.

- Unless you have a current American Red Cross CPR for the Professional Rescuer certification issued AFTER April 30th, 2007, you will have to take the CPR portion of the course because there are new updated protocols that we must teach all new students, and if selected for the HERU running unit, our responders need to have updated certifications to provide care.